

<u>Monday</u> December 3, 2018	<u>Tuesday</u> December 4, 2018	<u>Wednesday</u> December 5, 2018	<u>Thursday</u> December 6, 2018	<u>Friday</u> December 7, 2018	<u>Saturday</u> December 8, 2018	<u>Sunday</u> December 9, 2018
<u>Breakfast/Dairy</u> Choice of Juice Cream of Wheat Scrambled Eggs Home Fries Banana	<u>Breakfast/Dairy</u> Choice of Juice Oatmeal French Toast Cottage Cheese Mandarin Oranges	<u>Breakfast/Dairy</u> Choice of Juice Cream of Wheat Cheesy Scrambled Eggs Veg. Bacon Strips Pineapple Biscuit	<u>Breakfast/Dairy</u> Choice of Juice Oatmeal Blueberry Pancakes Vegetarian Sausage Pears	<u>Breakfast/Dairy</u> Choice of Juice Cream of Wheat Vegetable Omelet Bagel/Cream Cheese Peaches	<u>Breakfast/Dairy</u> Choice of Juice Cold Cereal Yogurt & Fruit Parfait Coffee Cake	<u>Breakfast/Dairy</u> Choice of Juice Oatmeal Pancakes Vegetarian Sausage Apricots
<u>Alternate</u> French Toast	<u>Alternate</u> Cheesy Scrambled Eggs	<u>Alternate</u> Waffle	<u>Alternate</u> Scrambled Eggs	<u>Alternate</u> French Toast	<u>Alternate</u> Hard Boiled Egg	<u>Alternate</u> Cheese Omelet
AVAILABLE BREAKFAST ALTERNATIVES Hard Boiled Eggs, Cottage Cheese, Fresh Baked Muffins, Danish, Cheese Omelet Cold Cereal Selections(Cheerios, Raisin Bran, Rice Krispies, Corn Flakes) Juices (Orange, Apple, Cranberry, Tomato), Coffee and Tea, 1% and Chocolate Milk						
<u>Lunch/Dairy</u> Cream of Cauliflower Soup Vegetarian Cheeseburger Tater Tots Buttered Carrots Frosted Banana Cake <u>Alternate</u> Quinoa Stuffed Pepper	<u>Lunch/Dairy</u> French Onion Soup Open-Faced Tuna Melt Buttered Parsnips Pears & Apricots <u>Alternate</u> Cheese Blintz with Sour Cream & Baked Apple Slices	<u>Lunch/Dairy</u> Tossed Salad Cheesy Vegetable Lasagna Roasted Garlic Zucchini Blueberry Pie <u>Alternate</u> Leek & Lox Quiche	<u>Lunch/Dairy</u> Tomato Basil Soup Grilled Cheese Sandwich Potato Wedges Fresh Broccoli Florets Chocolate Mousse <u>Alternate</u> Chilled Vegetable Hummus Wrap	<u>Lunch/Dairy</u> Tossed Salad Cheese Ravioli in Blush Sauce Roasted Acorn Squash Tapioca Pudding <u>Alternate</u> Flounder Francaise	<u>Lunch/Meat</u> Tossed Salad Chili con Carne Corn Bread Muffin Rice Parve Ice Cream <u>Alternate</u> Pastrami Sandwich on Rye with Chips	<u>Lunch/Dairy</u> Vegetable Soup Baked Salmon Turmeric Rice Sautéed Spinach Dinner Roll Mixed Fruit Cup <u>Alternate</u> Egg & Cheese on a Roll
AVAILABLE DAIRY ALTERNATIVES Entrees - Chef Salad with dressing, Tuna Salad Sandwich, Egg Salad Sandwich, Grilled Cheese Sandwich, Fried Egg & Cheese Sandwich, Baked Fish, Cottage Cheese & Fruit Plate Side Items - Tossed Salad with dressing, French Fries, Baked Potato, Carrots, Green Beans Desserts - Chocolate or Vanilla Pudding, Chocolate, Vanilla or Strawberry Ice-cream, Fresh Fruit Cup, Jell-O. No Sugar Added options available. Beverages - Juice, Coffee and Tea, 1% and Chocolate Milk, Iced Tea, Soda						
<u>Dinner/Meat</u> Navy Bean Soup Roasted Lamb Baked Potato Braised Cabbage Peach Slices <u>Alternate</u> Corned Beef Sandwich with Chips HANUKKAH	<u>Dinner/Meat</u> Matzo Ball Soup Slow-Roasted Beef Brisket Potato Latkes Applesauce Lemon Garlic Broccoli Jelly Doughnut <u>Alternate</u> Hearty Chicken Stew HANUKKAH	<u>Dinner/Meat</u> Lentil Soup Chicken PotPie Candied Sweet Potatoes Honey Cake <u>Alternate</u> Salmon Cake HANUKKAH	<u>Dinner/Meat</u> Beef Noodle Soup BBQ Chicken Thighs Baked Beans Corn Apple Crisp <u>Alternate</u> Mock Seafood Salad on Bun with Chips HANUKKAH	<u>Dinner/Meat</u> Matzo Ball Soup Glazed Salmon Confetti Cous Cous Fresh Squash Medley Challah Fresh Fruit Cup <u>Alternate</u> Roasted Chicken with Gravy HANUKKAH	<u>Dinner/Meat</u> Pickled Beets with Onion Chicken Salad Salad Sandwich on Whole Wheat 3 Bean Salad Jelly Donut <u>Alternate</u> Egg Salad on Croissant HANUKKAH	<u>Dinner/Meat</u> Tossed Salad Roast Veal w/ Gravy Potato Latkes Applesauce Garlic Sautéed Spinach Challah Cherry Cobbler <u>Alternate</u> Breaded Chicken Sandwich, lettuce/tomato HANUKKAH