

<u>Monday</u> February 11, 2019	<u>Tuesday</u> February 12, 2019	<u>Wednesday</u> February 13, 2019	<u>Thursday</u> February 14, 2019	<u>Friday</u> February 15, 2019	<u>Saturday</u> February 16, 2019	<u>Sunday</u> February 17, 2019
<u>Breakfast/Dairy</u> Choice of Juice Cream of Wheat Scrambled Eggs Home Fries Banana <u>Alternate</u> French Toast w/Maple Syrup	<u>Breakfast/Dairy</u> Choice of Juice Oatmeal French Toast w/Syrup Cottage Cheese Mandarin Oranges <u>Alternate</u> Scrambled Eggs w/ Cheese	<u>Breakfast/Dairy</u> Choice of Juice Cream of Wheat Scrambled Eggs/Cheese Vegetarian Bacon Strips Pineapple Biscuit <u>Alternate</u> Waffle w/ Syrup	<u>Breakfast/Dairy</u> Choice of Juice Oatmeal Blueberry Pancakes Vegetarian Sausage Pears <u>Alternate</u> Scrambled Eggs	<u>Breakfast/Dairy</u> Choice of Juice Cream of Wheat Vegetable Omelet Bagel/Cream Cheese Peaches <u>Alternate</u> French Toast w/ Syrup	<u>Breakfast/Dairy</u> Choice of Juice Cold Cereal Yogurt & Fruit Parfait Coffee Cake <u>Alternate</u> Hard Boiled Egg	<u>Breakfast/Dairy</u> Choice of Juice Oatmeal Pancakes Vegetarian Sausage Apricots <u>Alternate</u> Cheese Omelet
Waffles, Pancakes, Fruit and Yogurt Parfait, Oatmeal with Fresh Berries, Lox and Bagel, Bagels, Hard Boiled Eggs, Cottage Cheese, Fresh Baked Muffins, Danish, Cheese Omelet, Cold Cereal Selections(Cheerios, Raisin Bran, Rice Krispies, Corn Flakes) Juices (Orange, Apple, Cranberry, Tomato), Coffee and Tea, 1% and Chocolate Milk						
<u>Lunch/Dairy</u> Red Beet Eggs Pierogies with Cheese and Caramelized Onions Carrots Rice Pudding <u>Alternate</u> Grilled Portabella Mushroom Sandwich	<u>Lunch/Dairy</u> Tossed Salad Herbed Tilapia Rice Pilaf Roasted Zucchini Chocolate Cheesecake Fluff <u>Alternate</u> Vegetable Lasagna	<u>Lunch/Dairy</u> Cheddar Broccoli Soup Mushroom & Swiss Quiche Asparagus Lemon Meringue Pie <u>Alternate</u> Tuna Noodle Casserole	<u>Lunch/Dairy</u> Vegetable Soup Loaded Baked Potato Cheese & Sour Cream Broccoli Frosted Chocolate Cake <u>Alternate</u> Baked Ziti	<u>Lunch/Dairy</u> Tossed Salad Vegetarian Chili Cornbread Muffin Cauliflower Jello Cake/Whipped Topping <u>Alternate</u> Breaded Flounder	<u>Lunch/Meat</u> Potato Salad Corned Beef Cabbage & Boiled Potatoes Apple Pie <u>Alternate</u> Chicken Salad with Cranberries on Croissant	<u>Lunch/Dairy</u> Tossed Salad Fettuccine Alfredo Garlic Parmesan Green Beans Ice Cream <u>Alternate</u> Battered Fish on a Bun Lettuce/Tomato
Available Dairy Alternates						
Stuffed Shells, Vegetarian Stir Fry, Eggplant Parmesan, Vegetarian Pot Pie, Vegetable Soup, Potato Soup, Tossed Salad with choice dressing, Tuna Salad Sandwich, Egg Salad Sandwich, Grilled Cheese Sandwich, Fried Egg & Cheese Sandwich, Baked Fish, Buttered Pasta, Cottage Cheese & Fruit Plate Side Items - French Fries, Baked Potato, Broccoli, Green Beans, Mashed Potatoes, Steamed Rice, Desserts - Chocolate or vanilla Pudding Regular and Sugar Free, Chocolate, vanilla or Strawberry Ice cream, Fresh Fruit Cup, Jell-O Juices (Orange, Apple, Cranberry, Tomato), Coffee and Tea, 1% and Chocolate Milk, Iced Tea, Soda						
<u>Dinner/Meat</u> Tossed Salad Maple Glazed Chicken Baked Sweet Potato Seasoned Peas Wheat Dinner Roll Chilled Pears <u>Alternate</u> Beef Stew	<u>Dinner/Meat</u> Chicken Rice Soup Fresh Grilled Burger on a Bun Tater Tots Lettuce & Tomato Grapes <u>Alternate</u> Knockwurst & Kraut	<u>Dinner/Meat</u> Spinach Salad Roasted Salmon Baked Potato Fresh Vegetable Medley Wheat Dinner Roll Tropical Fruit Salad <u>Alternate</u> Baked Herbed Chicken Breast	<u>Dinner/Meat</u> Tossed Salad Spaghetti with Housemade Meatballs Italian Blend Vegetables Garlic Bread Cinnamon Applesauce <u>Alternate</u> Grilled Reuben Sandwich	<u>Dinner/Meat</u> Matzo Ball Soup Pepper Steak and Rice Broccolini Challah Oatmeal Cookies <u>Alternate</u> Salmon Cakes	<u>Dinner/Meat</u> Tossed Salad Mock Seafood Salad on Roll Chips Pasta Salad Berry Cobbler <u>Alternate</u> Turkey Sandwich with Chips	<u>Dinner/Meat</u> Creamy Coleslaw Fried Chicken Mashed Potato Harvard Beets Wheat Dinner Roll Peach Tart <u>Alternate</u> Beef Lo Mein
AVAILABLE DINNER ALTERNATE						
Vegetarian Stir Fry, Vegetarian Pot Pie, Vegetable Soup, Chef Salad with choice dressing, Sandwiches- (Corned Beef, Pastrami, Turkey, Fresh Grilled Burger, Kosher Hot Dog, Chicken Tenders, Roasted Chicken, Broiled Salmon, Fruit Plate Side Items - French Fries, Baked Potato, Broccoli, Green Beans, Mashed Potatoes, Steamed Rice, Desserts - Chocolate, Vanilla Parve Ice-cream, Fresh Fruit Cup, Jell-O Regular, Juices (Orange, Apple, Cranberry, Tomato), Coffee and Tea, Iced Tea, Soda						