



<u><b>Monday</b></u> September 14, 2020	<u><b>Tuesday</b></u> September 15, 2020	<u><b>Wednesday</b></u> September 16, 2020	<u><b>Thursday</b></u> September 17, 2020	<u><b>Friday</b></u> September 18, 2020	<u><b>Saturday</b></u> September 19, 2020	<u><b>Sunday</b></u> September 20, 2020
<b><u>Breakfast/Dairy</u></b> Choice of Juice Cream of Wheat  Scrambled Eggs Shredded Potatoes Pineapples	<b><u>Breakfast/Dairy</u></b> Choice of Juice Oatmeal  Challah French Toast w/ Syrup Cottage Cheese Mandarin Oranges	<b><u>Breakfast/Dairy</u></b> Choice of Juice Cream of Wheat  Garden Quiche Vegetable Sausage Bananas	<b><u>Breakfast/Dairy</u></b> Choice of Juice Oatmeal  Berry Pancakes Vegetarian Bacon Pears	<b><u>Breakfast/Dairy</u></b> Choice of Juice Cream of Wheat  Egg & Cheese Biscuit Loaded Home Fries Fresh Seasonal Fruit	<b><u>Breakfast/Dairy</u></b> Choice of Juice Cold Cereal  Yogurt & Fruit Parfait  Coffee Cake	<b><u>Breakfast/Dairy</u></b> Choice of Juice Oatmeal  Pancakes Vegetarian Sausage Peaches
<b><u>Alternate</u></b> French Toast w/ Maple Syrup	<b><u>Alternate</u></b> Scrambled Eggs w/ Cheese	<b><u>Alternate</u></b> Waffle w/ Syrup	<b><u>Alternate</u></b> Southwest Scrambled Eggs	<b><u>Alternate</u></b> Baked French Toast Casserole	<b><u>Alternate</u></b> Hard Boiled Egg	<b><u>Alternate</u></b> Cheese Omelet
<b>Available Breakfast Alternates</b>						
Waffles, Pancakes, Fruit and Yogurt Parfait, Oatmeal with Fresh Berries, Lox and Bagel, Bagels, Hard Boiled Eggs, Cottage Cheese, Fresh Baked Muffins, Danish, Cheese Omelet, Cold Cereal Selections(Cheerios, Raisin Bran, Rice Krispies, Corn Flakes) Juices ( Orange, Apple, Cranberry, Tomato), Coffee and Tea, 1% and Chocolate Milk						
<b><u>Lunch/Dairy</u></b> Romaine Salad Pierogies with Cheese and Caramelized Onions Carrots Peanut Butter Fluff	<b><u>Lunch/Dairy</u></b> Garden Salad  Spinach and Cheese Bake Bean Medley  Cantaloupe	<b><u>Lunch/Dairy</u></b> Cheddar Broccoli Soup  Mushroom & Swiss Quiche Sauteed Asparagus  Rice Crispy Cream Cheese Bites	<b><u>Lunch/Dairy</u></b> Vegetable Soup  Loaded Baked Potato Cheese & Sour Cream Broccoli  Frosted Chocolate Cake	<b><u>Lunch/Dairy</u></b> Tossed Salad  Vegetarian Chili Cornbread Muffin Cauliflower  Orange Chiffon Cake	<b><u>Lunch/Dairy</u></b> Broccoli Salad  Eggplant Casserole Linguine  Berry Trifle	<b><u>Lunch/Dairy</u></b> Tomato Mozzarella Salad Poached Salmon w/ Mustard Sauce Garlic Green Beans  Ice Cream
<b><u>Alternate</u></b> Battered Fish on a bun	<b><u>Alternate</u></b> Tilapia Provencal	<b><u>Alternate</u></b> Tuna Noodle Casserole	<b><u>Alternate</u></b> Baked Ziti	<b><u>Alternate</u></b> Breaded Flounder	<b><u>Alternate</u></b> Tuna Salad Platter	<b><u>Alternate</u></b> Southwest Portobella Sandwich
<b>Available Dairy Alternates</b>						
Stuffed Shells, Vegetarian Stir Fry, Eggplant Parmesan, Vegetable Soup, Tossed Salad with choice dressing, Tuna Salad Sandwich, Egg Salad Sandwich, Grilled Cheese Sandwich, Fried Egg & Cheese Sandwich, Baked Fish, Buttered Pasta, Cottage Cheese & Fruit Plate <b>Side Items</b> - French Fries, Baked Potato, Broccoli, Green Beans, Mashed Potatoes, Steamed Rice, <b>Desserts</b> - Chocolate or vanilla Pudding Regular and Sugar Free, Chocolate, vanilla or Strawberry Ice cream, Fresh Fruit Cup, Jell-O Juices ( Orange, Apple, Cranberry, Tomato), Coffee and Tea, milk and Chocolate Milk, Iced Tea, Soda						
<b><u>Dinner/Meat</u></b> Lemon Chicken Soup  Fresh Grilled Burger on a Bun Tater Tots Lettuce & Tomato  Watermelon	<b><u>Dinner/Meat</u></b> Arugula Salad  Cottage Pie Topped with Mashed Potatoes  Chilled Pears	<b><u>Dinner/Meat</u></b> Marinated Vegetable Salad  London Broil  Fresh Vegetable Medley Wheat Dinner Roll Tropical Fruit Salad	<b><u>Dinner/Meat</u></b> Tossed Salad Italian Sausage and Spaghetti Marinara  Italian Blend Vegetables Garlic Bread Cinnamon Applesauce	<b><u>Dinner/Meat</u></b> Matzo Ball Soup  Roast Chicken Apricot Kugel Green Beans Round Challah Pecan Squares	<b><u>Dinner/Meat</u></b> Potato Salad  Corned Beef Cabbage & Boiled Potatoes Round Challah Apple Pie	<b><u>Dinner/Meat</u></b> Tossed Salad  Sweet BBQ Brisket Potato Kugel Honey Roasted Carrots Round Challah Spiced Honey Apple Cake
<b><u>Alternate</u></b> Knockwurst & Kraut	<b><u>Alternate</u></b> Grilled Sausage and Kraut	<b><u>Alternate</u></b> Roasted Veggie & Salmon Salad	<b><u>Alternate</u></b> Grilled Reuben Sandwich	<b><u>Alternate</u></b> Seafood Cakes	<b><u>Alternate</u></b> Turkey Sandwich with Chips	<b><u>Alternate</u></b> Gefilte Fish Platter
<b>AVAILABLE DINNER ALTERNATE</b>						
Vegetarian Stir Fry, Vegetarian Pot Pie, Chef Salad with choice dressing, Sandwiches- (Corned Beef, Pastrami, Turkey, Fresh Grilled Burger, Kosher Hot Dog, Chicken Tenders, Roasted Chicken, Broiled Salmon, Fruit Plate <b>Side Items</b> - French Fries, Baked Potato, Broccoli, Green Beans, Mashed Potatoes, Steamed Rice, <b>Desserts</b> - Chocolate, Vanilla Parve Ice-cream, Fresh Fruit Cup, Jell-O Regular, Juices ( Orange, Apple, Cranberry, Tomato), Coffee and Tea, Iced Tea, Soda						