



Meet our Heroes!

Every once in a while, you get the chance to meet someone who just “gets it”. They just understand their spot in the world, they understand what they were meant to do, and they embrace it with all their heart. Spend 10 minutes with Carmen, and you will see what I mean.

This soft-spoken grandmother of three kids that simply steal her heart, knows exactly what her space in life is...to care for others and we are fortunate she does. She has had other opportunities present themselves, but she will tell you, her heart just keeps going back to nursing. There is nothing else like it, nothing else that “fits”. And she is more than happy to accept that.

Having spent 24 years at a previous healthcare campus in Lancaster, she moved to Harrisburg area 3 years ago and joined The Campus. We have been blessed ever since, and she has been making a difference each and every day she sets foot on campus.

Carmen knows there will be bad days at work, days that challenge her and “test” her...but she embraces the reason she is here. She knows why she is part of the nursing team, how much she means to the residents. She welcomes the concept of letting go and moving forward. She knows what happened today may not happen tomorrow, it will be a new day and her residents need her.

The favorite part of her career for Carmen is simply talking to her residents. See, she knows the power of listening, lending an ear and giving them just five minutes of your time. How much it means to them to be able to recall a favorite memory or smile about something they did growing up. Carmen gives them that chance, the chance to smile and laugh even at something so simple...because she "gets it".

Chances are, unless your loved one has been cared for by Carmen, you may not know who she is, or what her position on the Campus is. But if she did or does care for your loved one, guarantee you not only know who she is but appreciate EVERY little thing she has done for them. Carmen prefers it that way...she is shy and does not want the spotlight. If you ask her, all she is doing, is "answering her calling". We are glad she did...