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<td>Cream of Wheat</td>
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<td>Challah French Toast w/ Syrup</td>
<td>Challah French Toast w/ Syrup</td>
<td>Vegetarian Sausage</td>
<td>Mixed Berry Pancakes</td>
<td>Vegetarian Bacon</td>
<td>Potato Latkes</td>
<td>Fresh Seasonal Fruit</td>
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<td>Cottage Cheese</td>
<td>Mandarins</td>
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<td>Alternate</td>
<td>Scrambled Eggs w/ Cheese</td>
<td>Waffle w/ Syrup</td>
<td>Southwest Scrambled Eggs</td>
<td>French Toast Casserole</td>
<td>French Toast Casserole</td>
<td>Hard Boiled Egg</td>
<td>Peach</td>
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<td>French Toast w/ Syrup</td>
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<td>Cheese Omelet</td>
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### AVAILABLE BREAKFAST ALTERNATIVE
- Waffles, Pancakes, Fruit & Yogurt Parfait, Oatmeal, Lox & Bagel plate, Cheese Omelet, Scrambled Eggs, Egg & Cheese Sandwich and Vegetable Omelet

### AVAILABLE LUNCH ALTERNATIVE

#### Entrees
- Waffles, Eggs & Cheese, Oatmeal, Vegetable Sausage, Bagels, Toast, Hard Boiled Eggs, Cottage Cheese, Yogurt, Muffins, Danish, Seasonal Fresh Fruit

#### Cold Cereal Selections
- Mini Wheats, Special K, Cinnamon Toast Crunch, Cheerios, Honey Nut Cheerios, Raisin Bran, Bran Flakes, Rice Krispies and Corn Flakes

#### Beverages
- Orange, Apple, Cranberry, Tomato, SF Cranberry juices, Coffee, Tea, Whole Milk, 2%, Fat Free, Chocolate Milk, Almond Milk and Soy Milk

### AVAILABLE LUNCH ALTERNATIVE

#### Entree
- Stuffed Shells with Marinara Sauce, Beyond* Cheeseburger, Eggplant Parmesan, Vegetable Soup, Tossed Salad, Tuna Salad Sandwich, Egg Salad Sandwich, Chef Salad, Grilled Cheese Sandwich, Fried Egg & Cheese Sandwich, Baked Fish, Buttered Pasta, Cottage Cheese & Fruit Plate, Cheese & Fruit Plate, Gefilte Fish Platter, Borscht

#### Side Items
- French Fries, Mashed Potatoes, Baked Potato, Broccoli, Green Beans and Steamed Rice

#### Desserts
- Chocolate or Vanilla Pudding (Regular or S/F), Chocolate, Vanilla or Strawberry Ice-cream, Fresh Fruit Cup and Jell-O

#### Beverages
- Orange, Apple, Cranberry, Tomato, SF Cranberry juices, Soda (regular, diet) Coffee, Tea, Whole Milk, 2%, Fat Free, Chocolate Milk, Almond Milk and Soy Milk

### AVAILABLE DINNER ALTERNATIVE

#### Entree
- Vegetarian Stir Fry, Chef Salad with dressing, Chicken Tenders, Roasted Chicken, Grilled Salmon, Gefilte Fish Platter, Borscht

#### Sandwicthes
- Corned Beef, Pastrami, Turkey, Tuna Salad, Egg Salad, Fresh Grilled Burger, Beyond® Burger, Kosher Hot Dog

#### Side Items
- French Fries, Baked Potato, Mashed Potatoes, Broccoli, Green Beans, Mashed Potatoes, Steamed Rice

#### Desserts
- Chocolate, Vanilla, Parve Ice-cream, Fresh Fruit Cup, Jell-O Regular

#### Juices
- Orange, Apple, Cranberry, Tomato, SF Cranberry juices, Coffee, Hot Tea, Iced Tea, Soda (regular, diet)

*Ala Carte Hot selections are not available on Saturday due to Shabbat*