



<u>Monday</u> November 22, 2021	<u>Tuesday</u> November 23, 2021	<u>Wednesday</u> November 24, 2021	<u>Thursday</u> November 25, 2021	<u>Friday</u> November 26, 2021	<u>Saturday</u> November 27, 2021	<u>Sunday</u> November 28, 2021
<u>Breakfast/Dairy</u> Choice of Juice Cream of Wheat Scrambled Eggs Home Fries Mandarin Oranges <u>Alternate</u> French Toast	<u>Breakfast/Dairy</u> Choice of Juice Oatmeal Challah Frotage Toast w/ Syrup Cottage Cheese Pineapple <u>Alternate</u> Scrambled Eggs w/ Cheese	<u>Breakfast/Dairy</u> Choice of Juice Cream of Wheat Cheesy Omelet Veg. Bacon Strips Bananas <u>Alternate</u> Waffle w/ Syrup	<u>Breakfast/Dairy</u> Choice of Juice Oatmeal Egg & Cheese Croissant Vegetarian Sausage Pears <u>Alternate</u> Mixed Berry Pancakes	<u>Breakfast/Dairy</u> Choice of Juice Cream of Wheat Southwest Frittata Bagel/Cream Cheese Peaches <u>Alternate</u> French Toast	<u>Breakfast/Dairy</u> Choice of Juice Cold Cereal Yogurt & Fruit Parfait Coffee Cake <u>Alternate</u> Hard Boiled Egg	<u>Breakfast/Dairy</u> Choice of Juice Oatmeal Pancakes Vegetarian Sausage Apricots <u>Alternate</u> Cheese Omelet
AVAILABLE BREAKFAST ALTERNATIVE						
<p><u>Entrees</u> - Waffles, Pancakes, Fruit & Yogurt Parfait, Oatmeal, Lox & Bagel plate, Cheese Omelet, Scrambled Eggs, Egg & Cheese Sandwich and Vegetable Omelet <u>Side Items</u> - Home Fries, Vegetarian Bacon, Vegetarian Sausage, Bagels, Toast, Hard Boiled Eggs, Cottage Cheese, Yogurt, Muffins, Danish, Seasonal Fresh Fruit <u>Cold Cereal Selections</u> - Mini Wheats, Special K, Cinnamon Toast Crunch, Cheerios, Honey Nut Cheerios, Raisin Bran, Bran Flakes, Rice Krispies and Corn Flakes <u>Beverages</u> - Orange, Apple, Cranberry, Tomato, SF Cranberry juices, Coffee, Tea, Whole Milk, 2%, Fat Free, Chocolate Milk, Almond Milk and Soy Milk</p>						
<u>Lunch/Dairy</u> Macaroni Salad Vegetarian Cheeseburger Tater Tots Roasted Butternut Squash Chocolate Chip Cookie <u>Alternate</u> Quinoa Stuffed Pepper	<u>Lunch/Dairy</u> French Onion Soup Krab Cake Parsley Red Potatoes Cheddar Bay Biscuits Apple Mousse <u>Alternate</u> Cheese Blintz with Sour Cream & Blueberry Sauce	<u>Lunch/Dairy</u> Cream of Potato Soup Cheesy Vegetable Lasagna Roasted Garlic Zucchini Brownies <u>Alternate</u> Leek & Lox Quiche	<u>Lunch/Meat</u> Rst. Sweet Potato Soup Oven Roasted Turkey w/ Cran. Oran. Relish and Grvy Roasted Shaved Brussel Sprouts Corn Bread Stuffing Pumpkin Pie <u>Alternate</u> Sausage and Peppers with Marinara Sauce	<u>Lunch/Dairy</u> Tossed Salad Cheese Ravioli in Blush Sauce Italian Green Beans Boston Cream Pie <u>Alternate</u> Flounder Francaise	<u>Lunch/Dairy</u> Borscht with Sour Cream Egg Salad Platter Cauliflower Salad Mixed Fruit <u>Alternate</u> Vegetarian Pot Pie	<u>Lunch/Dairy</u> Vegetable Soup Baked Salmon Turmeric Rice Sautéed Spinach Whole Wheat Dinner Roll Ice Cream <u>Alternate</u> Garden Vegetable Egg Bake
AVAILABLE LUNCH ALTERNATE						
<p><u>Entree</u> - Stuffed Shells with Marinara Sauce, Beyond® Cheeseburger, Eggplant Parmesan, Vegetqable Soup, Tossed Salad, Tuna Salad Sandwich, Egg Salad Sandwich, Chef Salad, Grilled Cheese Sandwich, Fried Egg & Cheese Sandwich, Baked Fish, Buttered Pasta, Cottage Cheese & Fruit Plate, Cheese & Fruit Plate, Gefilte Fish Platter, Borscht <u>Side Items</u> - French Fries, Mashed Potatoes, Baked Potato, Broccoli, Green Beans and Steamed Rice, <u>Desserts</u> - Chocolate or Vanilla Pudding (Regular or S/F), Chocolate, Vanilla or Strawberry Ice-cream, Fresh Fruit Cup and Jell-O <u>Beverages</u> - Orange, Apple, Cranberry, Tomato, SF Cranberry juices, Soda (regular, diet) Coffee, Tea, Whole Milk, 2%, Fat Free, Chocolate Milk, Almond Milk and Soy Milk</p>						
<u>Dinner/Meat</u> Tossed Salad Stuffed Chicken Breast Chicken Gravy Buttered Corn Peach Crisp <u>Alternate</u> Philly Steak Sandwich	<u>Dinner/Meat</u> Italian Wedding Soup Sausage with Peppers & Onions Sweet Potato Kugel Cauliflower Lemon Cake <u>Alternate</u> Fish & Chips	<u>Dinner/Meat</u> Greek Vegetable Salad Mediterranean Chicken Breast Rosemary Potatoes Roasted Vegetable Blend Berry Trifle <u>Alternate</u> Hot Pastrami on Rye	<u>Dinner/Meat</u> Coleslaw Mock Seafood Salad on Croissant Corn Apple Turnover <u>Alternate</u> Roasted Rosemary Chicken Thighs	<u>Dinner/Meat</u> Matzo Ball Soup Cherry Chicken Mashed Potatoes Whole Baby Carrots Challah Double Chocolate Cake <u>Alternate</u> Garlic Herb Baked Tilapia	<u>Dinner/Meat</u> Potato Salad Pastrami Sandwich on Rye with Potato Chips & Lettuce/Tomato Cherry Pie <u>Alternate</u> Gefilte, Egg Salad and Herring Platter with Bagel	<u>Dinner/Meat</u> Field Greens Salad Stuffed Cabbage Mashed Potatoes Italian Roasted Vegetables Banana Cake <u>Alternate</u> Chicken Tenders
AVAILABLE DINNER ALTERNATE						
<p><u>Entree</u> - Vegetarian Stir Fry, Chef Salad with dressing, Chicken Tenders, Roasted Chicken, Grilled Salmon, Gefilte Fish Platter, Borscht <u>Sandwiches</u> - Corned Beef, Pastrami, Turkey, Tuna Salad, Egg Salad, Fresh Grilled Burger, Beyond® Burger, Kosher Hot Dog <u>Side Items</u> - French Fries, Baked Potato, Mashed Potatoes, Broccoli, Green Beans, Mashed Potatoes, Steamed Rice, <u>Desserts</u> - Chocolate, Vanilla Parve Ice-cream, Fresh Fruit Cup, Jell-O Regular, <u>Juices</u> - Orange, Apple, Cranberry, Tomato, SF Cranberry juices, Coffee, Hot Tea, Iced Tea, Soda (regular, diet)</p>						